

## **Dining Guide by Dr. Sean Grady**

Zahav: The 2019 James Beard award winner for the best restaurant in the US. An Israel menu theme- make reservations early and go for the lamb shoulder and hummus! <http://www.zahavrestaurant.com/>

Philly Cheesesteak: Lots of choices here and these include the roast pork sandwich with broccoli rabe and sharp provolone. The so called inventors are in dispute, but Geno's <https://www.genosteaks.com/> or Pat's <https://www.genosteaks.com/> are very well known. Don't forget to learn how to order "wit or wit out". For my money though, it's John House of Pork <https://www.johnsroastpork.com/>. They're only open Tuesday-Saturday, 9-7 and trust me, go for the roast pork. One/year is about right.

Jean Georges Philadelphia is the latest addition for fine dining with spectacular views from the 59th floor of the new Comcast building, located as part of the new Four Seasons Hotel.

<https://www.fourseasons.com/philadelphia/dining/restaurants/jean-georges-philadelphia/>

Everyone loves Italian! Osteria <https://www.osteriaphilly.com/> does a great job and has some spectacular pizza as well.

Spine Neurosurgeons, heads up: the best steak house in town is either Butcher and Singer <https://butcherandsinger.com/> in Center City or Barclay Prime <https://barclayprime.com/> on Rittenhouse Square. Both of these are part of the Steven Starr empire, he's one of our featured guest speakers at the meeting.

And speaking of Steven Starr, Parc is his classic French bistro on Rittenhouse Square <https://parc-restaurant.com/> and likely his most successful restaurant to date.

And what about the vegan neurosurgeons out there? Vedge <https://www.vedgerestaurant.com/> is in Center City and does astonishing things without any animal products!

Resident recommendations: Our residents have developed a refined palate, dining on the department tab with visiting professors. Here are two recommendations from them:

Vernick Fish is located in the new Comcast building, just 2 blocks from the hotel.

<https://www.fourseasons.com/philadelphia/dining/restaurants/vernick-fish/>

And Serpico, located in changing South Philly (it's not what you remember from *Rocky* where there are 5 guys standing around a burning trash can).

<https://serpicoonsouth.com/>

Finally, there are some great places to get a bite to eat in the Reading Terminal Market <https://readingterminalmarket.org/> just a 15 minute walk from the Logan. You'll need the exercise!